

The Mandala of the Enlightened Feminine Dakini

A Day Workshop at For Goodness Sake
with Ellen Booth Church

Saturday, May 22nd 10am - 5pm



The mandala of the Enlightened Feminine creates a sacred geography within the psyche leading toward the realization of the innate perfection of the world. The mandala is a blueprint for sacred reality on every level. Ritually, aesthetically, and symbolically it expresses the inherent purity of all existence, and embodiment as a path to liberation.

Through the mandala, the psyche is provided with a container and structure for transformation and architecture of enlightened experience.

In the workshop we will explore through color, light, sound and visualization how our human emotions are the very seeds for our own transformation and enlightenment.

Ellen Booth Church (Yeshe Choepel) is a former professor of Education at New York State University. She is a 23-year practitioner of Tibetan Buddhism, teacher for Key West Tara Mandala & an accomplished writer. She has created several Satellite Sanghas for her teacher, Lama Tsultrim Allione.

For the past three years she has assisted Lama Tsultrim in the month long 3 Yana Retreat at Lama Tsultrim's retreat center, Tara Mandala, in southwestern Colorado.

She recently taught the dakini mandala in Germany.

This workshop will include:

- an introduction to the Dakini Principle
- a look at the mandala as a road map for transformation
- a guided meditation through the dakini mandala - meeting the dakinis
- an exploration of the process of using our encumbered emotions as transformational tools
- transmission of Lama Tsultrim's Mandala of the Enlightened Feminine practice.
- An in depth teaching of the practice enabling each participant to use the Mandala as a daily practice.



To Register Call: 530-550-8981
www.goodnesssake.org
for more information.

Based on the Work of Lama Tsultrim Allione,
founder of Tara Mandala and author of
"Women of Wisdom" & "Feeding Your Demons"