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Upcoming Events

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For Goodness Sake

A Workshop on Living Deeply:

The Art and Science of Transformation in Everyday Life with **Marilyn Schlitz, Ph. D.** and **Cassi Vieten, Ph. D.** from The Institute of Noetic Sciences, based on a decade-long research program, including in-depth interviews with over 50 teachers and masters of the world's spiritual, religious, and transformative traditions.

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Through presentations of research findings, video and experiential process, this workshop will explore what they have learned about how people experience deep shifts in their consciousness, and how those deep shifts can be stimulated and nurtured in everyday life to lead to healing and wholeness.

Saturday, February 9, 2008 from 10 am to 3 pm
at For Goodness Sake.

Call 530-550-8981 for more details.



Photo by Sherry Tesler



Open: Monday-Saturday 10am - 6pm

10157 Donner Pass Road, Historic Downtown Truckee