

# Movie Night (*free*)

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## Slow Food®

Lake Tahoe

An evening of short films and discussion on local produce

Friday, May 29th, 6pm – 7:30pm

at For Goodness Sake (10157 Donner Pass Rd)

**Homegrown Revolution** -In the midst of a densely urban setting in downtown Pasadena, radical change is taking root. For over twenty years, the Dervaes family have transformed their home into an urban homestead. They harvest nearly 3 tons of organic food from their 1/10 acre garden while incorporating many back-to-basics practices, as well as solar energy and biodiesel.

**Meat Jim** - Two students set out to convert a cattle rancher to vegetarianism. In the process, they discover the value of locally-grown meat and sample some themselves. That's the storyline of "Meat Jim," the documentary that took the first-place prize at VidFest, the first-ever student video festival hosted during Earth Week at UCSD.

**Seeds, Hope, Concrete** - Arugula, squash, snap peas grown on concrete -- is it possible? This uncommon scenario is cropping up across North America with the help of Heifer International. Communities learn sustainable agriculture solutions, even in areas where concrete, rather than arable soil, is the norm. Not only does this exercise in organic gardening teach proper nutrition, but it also supports local growers.

### Discussion about local produce



Barbara Shaw from The Shaw Family Farm, Truckee, CA

and

Michael Kugler, New Moon Natural Foods

Raffle - Thanksgiving turkey

**RSVP to [jbossin@gmail.com](mailto:jbossin@gmail.com) to reserve your seats**