



Women Empowering Women Presents Sarah Ferris



Trekking for a Difference

July 10, 2009

Friday, 10:00AM

**Location: For Goodness Sake Meeting Room
10157 Donner Pass Road, Truckee**

Come join us to hear Sarah's amazing story. Sarah Ferris is a Registered Nurse with 6 years of experience in Labor & Delivery, Postpartum and Newborn care. She and her husband were introduced to Humla, Nepal, in 2000, when they volunteered with the Nepal Trust for 7 months. After a 16-day trek on the Annapurna Circuit in 2006 with her husband and two children, Sarah decided to create the Bodhi Tree Foundation. Bodhi Tree Foundation is a 501c3 non-profit organization that supports and promotes community-based activities that focus on maternal-child health in the district of Humla, Nepal. In Humla, one of the most remote districts in Nepal, there is one hospital that is hardly used due to lack of supplies and medical personnel, and one doctor assigned to the entire district who is rarely in the region. After her experience, Sarah organized the first all-women's trek through Humla. The trek raised funds that paid for 29 local women to attend a 5-day Safe Motherhood training as well as the purchase and distribution of 300 clean delivery kits.

Seating is limited so reservations are highly suggested. Call Jeannine at 550-0758 or email happygoldens@sbcglobal.net to reserve a place. Donations suggested.

Women Empowering Women is dedicated to providing motivational speakers who address different aspects of achieving balance and harmony through the Mind, Body, and Spirit. For more information about our organization, email BobPatNash@aol.com.

